

God-Given Food as Medicine

April 25-27, 2025 - Melvin's Farm to Fork Store

Friday, April 25th

7:00-9:00 am	Registration
7:30-8:15 am	Pasture Walk & Devotional with <u>Farmer Thad Montgomery</u>
7:30-9:00 am	Breakfast
9:00-9:15 am	Welcome and Worship
9:15-10:15 am	<u>Maureen Diaz</u> : God's Design for Health & Healing
10:15-11:30 am	<u>Kat Owens</u> : Biblical Perspective on Meat & Dairy
11:30-1:00 pm	Lunch and visit Exhibits
1:00-2:00 pm	<u>Dr. Patty Powers</u> : Love Your Thyroid: Supporting Optimal Thyroid Function with Food, Frequency, Fun & Sun
2:00-3:30 pm	Breakout Sessions: <ol style="list-style-type: none"> 1) Melvin's Farm Tour 2) <u>Dr. Megan Sanctuary</u>: The Foundation of Health: Deconstructing Breastmilk & Infant Formula
3:30-4:00 pm	Visit Exhibits
4:00-5:00 pm	<u>Miranda Whitehead</u> : Understanding the Body's Innate Intelligence

Saturday, April 26th

7:45-9:00 am	Registration and Breakfast , visit exhibits
9:00-9:15 am	Welcome and Worship
9:15-10:15 am	<u>Gayle Montgomery</u> : Garbage vs. Goodness
10:15-11:15 am	<u>Dr. Megan Sanctuary</u> : Pharmakeia: The Devil's in Your Medicine Cabinet
11:15-1:00 pm	Lunch and visit Exhibits
1:00-2:00 pm	<u>Dr. Stephen Hussey</u> : Circadian Disruption: The Common Link in All Chronic Disease
2:00-3:30 pm	Breakout Sessions: <ol style="list-style-type: none"> 1) Melvin's Farm Tour 2) <u>Dr. Patty Powers</u>: Easing the Transition: The Gateway of Menopause
3:30-4:30 pm	<u>Kat Owens</u> : The World vs. the Word's Perspective on Food
4:30-5:30 pm	<u>Kim Fuhrmann</u> : Pillars of Emotional Wellness: stress is the biggest enemy to whole health
	Closing Remarks - Thank You!
5:30-6:00 pm	Visit Exhibits
6:30-8:00 pm	VIP Dinner at Melvin's Farm Store

Sunday, April 27th - Worship

10:00-11:30 am	Join us for a morning of Worship, Communion, and a Gospel message from <u>Farmer Thad Montgomery</u> to close out our weekend together!
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